

First Cornish patient to have new prostate op says it transformed his life in hours

"I TOOK several 400 mile round trips from Cornwall to Hampshire to have the UroLift® System privately - but I'd have gone to Aberdeen to get it - it totally transformed my life in a matter of hours."

After Robert Paterson, 69, from Lostwithiel in Cornwall, started experiencing urinary symptoms in 2013, he went to the GP complaining that he had to get up in the night a lot to pee - typically up to six times a night and every one and a half hours during the day. Robert, who is married to Jillian, 67, was worried about the effect on his wife's sleep.

The GP put Rob on two types of medication, with a consultant prescribing a third in 2016.

"I started taking the pills and I soon noticed that I didn't feel as focused as usual. I have a smallholding and use chainsaws, a tractor and hydraulic breakers for cutting logs and I became concerned I might miss a trick.

Then Rob read an article in a newspaper in November 2016 that said there was another, new option for men with an enlarged prostate.

The UroLift System provides an alternative to tissue-removing surgery

for the treatment of an enlarged prostate. Performed through the urethra, a urologist uses the UroLift System to push aside the obstructive prostate lobes and positions small, tailored, permanent UroLift implants to hold the prostate lobes in the retracted position. This opens the urethra while leaving the prostate intact. UroLift preserves sexual function.

"I went to see my GP who referred me to the surgeon mentioned in the article, Mr Neil Barber, who is based at Spire Clare Park private hospital as well as the NHS Frimley

Park Hospital. Robert had his operation on 9 March this year.

"I never felt a thing. I spent two-and-a-half hours in the room. I felt a slight irritation - no pain. UroLift also worked - within 3-4 days - at reducing the need to pee all the time. The most important thing is that I can control it now."

Since March 31 of this year, just over two weeks after his UroLift procedure, Robert has not taken any medication. "I feel 100% better in my mind," he says. "I am able to pee very well in comparison to how I was before the operation. I am sleeping more soundly and with my smallholding and



Robert Paterson from Lostwithiel.

exercising my dog, I am being offered at the Duchy averaging 70 miles a Hospital, Truro. For more information see week.

This operation is now www.UroLift.co.uk